

# Recreation Guide

Fall/Winter 2023





## PRE-REGISTRATION

Please register at least one week prior to the class start date. Each class has a minimum enrollment requirement to cover the cost of the program. Early registration is recommended as program may fill up.

Log on to [www.ci.oakley.ca.us/registration](http://www.ci.oakley.ca.us/registration) to create an account and register online. Need help? Contact our office at 925-625-7041.

Registration is also accepted in person at the Recreation Center located at 1250 O'Hara Ave.



## REFUNDS

Refunds must be requested 2 weeks prior to the start of the first session. All facility and class refunds will be assessed a processing fee of \$38. No refunds will be given after the program has started.

## ACCOMODATIONS

Please indicate special accommodations required on the registration form and speak to the program supervisor two weeks in advance of the program start date. To request a copy of this guide in alternative formats please contact the Recreation Division at 925-625-7041.

# OUR FACILITIES



Oakley Recreation Center  
1250 O'hara Ave.



Nunn Wilson Group Picnic Area  
100 Oxford Dr.



Summer Lake Park Group Picnic Area  
4020 Summerlake Drive



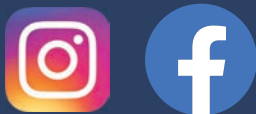
Crockett Park Group Picnic Area  
4150 Richard Way



Creekside Park Group Picnic Area  
3900 Creekside Way

# Let's Get Social

FOLLOW US & TAG US:



@oakleyrecreation

## THE RECREATION DIVISION

Alicia O'Leary, Recreation & Event Coordinator  
[oleary@ci.oakley.ca.us](mailto:oleary@ci.oakley.ca.us)

Jessica Hicks, Administrative Assistant  
[hicks@ci.oakley.ca.us](mailto:hicks@ci.oakley.ca.us)



Youth Scholarships are available to reduce the fee of our programs by up to 50%. For more information contact the Recreation Division at 925-625-7041.

## INSTRUCTORS WANTED

Do you have a unique skill, talent or interest you want to share with the community? We are looking for talented energetic instructors just like you to help expand the opportunities for our community. Contact Jessica at [hicks@ci.oakley.ca.us](mailto:hicks@ci.oakley.ca.us) for additional information.

## COMMUNITY RESOURCES

Animal Poison Control	888-426-4435
CalFresh Food Assistance	510-412-0166
City Hall - Oakley	925-625-7000
Contra Costa Crisis Center	1-800-833-2900
Contra Costa County Animal Services	925-608-8400
Contra Costa County Homeless Services	1-800-833-2900
Contra Costa County Mosquito & Vector Control Services	925-685-9301
Contra Costa County WIC	1-800-414-4942
Diablo Water District	925-625-3798
East Bay Regional Park District	510-881-1833
Food Bank of Contra Costa & Solano	925-676-7543
Ironhouse Sanitary District	925-625-2279
Liberty Union Elementary School District	925-634-2166

Mt. Diablo Resource Recovery	925-682-9113
Oakley Police Department	925-625-7223
Oakley Union Elementary School District	925-625-0700
PG&E	1-800-743-5000
Poison Control	1-800-222-1222
Project REACH	925-679-2504
Oakley Union Elementary School District	925-625-0700
Oakley Senior Citizens	925-626-7223
Other Local Health & Social Services	211
Tri Delta Transit	925-754-6622



The City of Oakley's mission vision and values guide us on a **PATH** to where we want to **LIVE, WORK, and PLAY** in the heart of the Delta.



### MISSION

The City of Oakley will create a resilient future that fosters and attracts a vibrant and evolving community that welcomes and values all people.

### VISION

The City of Oakley celebrates our unique Delta lifestyle and small-town feel where we Live in a safe dynamic community, Work together to build the future, and Play in our own backyard.

# REGISTRATION FORM

\*Form limited to family members only! This form will be used to create a Civic Rec Account so that you can register online in the future.

Main Contact/Parent Guardian Name: \_\_\_\_\_

Street Address: \_\_\_\_\_ City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Day Phone: \_\_\_\_\_ Evening Phone: \_\_\_\_\_ Mobile Phone: \_\_\_\_\_

E-mail Address (this will be your log in/username): \_\_\_\_\_ Birthdate: \_\_\_\_/\_\_\_\_/\_\_\_\_

Participant Name	Class Number	Birthdate(mm/dd/yy)	Current Grade	Male/Female:	Program Fee

**Please make checks payable to The City of Oakley**

(Return check fee of \$25.00 will be automatically charged to the liable guardian or participant of said activity)

As the parent/guardian of a minor participating in the City of Oakley's Recreation Programs, Field Trip and Services, I recognize and acknowledge that there are certain risks of physical injury. This Waiver, Release and Indemnity Agreement is intended to discharge in advance the City of Oakley, the Oakley Union School District, the Liberty Union High School District and its officers, employees, volunteers, and agents from any and all liability arising out of or connected in any way with myself or my child/ward's participation in said activity, even though that liability may arise out of negligence or carelessness on the part of the persons or entities mentioned above. It is further agreed that this Waiver, Release and Indemnity Agreement is to be binding on my heirs and assignees. I agree to assume the full risk of any injuries, damages or loss that I or my minor child/ward may sustain as a result of participating in any and all activities connected with or associated with each activity. I additionally agree to indemnify the City against any claims or rights of action for damages which I or the minors has/have before or after they reach age of majority. I further agree that certain marketable information may be used in accordance with State Laws and regulations. Such items include: e-mail addresses, photos and press releases that include statements made by myself or my child/ward in publication of said activities. In the event of any emergency, I authorize City Officials to secure from any licensed hospital, physician, and/or medical personnel any treatment deemed necessary for my minor child's immediate and emergency care if it be deemed to sustain life. I also agree that I will be responsible for payment of any and all medical services rendered.

In case of emergency whom should we contact?

Name: \_\_\_\_\_ Phone: \_\_\_\_\_ Relationship: \_\_\_\_\_

Name: \_\_\_\_\_ Phone: \_\_\_\_\_ Relationship: \_\_\_\_\_

Physician: \_\_\_\_\_ Insurance Carrier: \_\_\_\_\_ Group Number: \_\_\_\_\_

Please indicate if you or your child has any medical conditions, dietary restrictions, special needs, language barriers, or other issues that may present themselves during the course of the program. Please list and indicate if you request an accommodation for the facility or program. Indicate none if no conditions or accommodations are requested.

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\* I agree to all of the above conditions:

\* I understand that I am subject to dismissal from participation of said activity for inappropriate and disrespectful behavior.

\* I understand that my child's/wards enrollment is subject to dismissal due to certain violations of the Recreation Division's program code of conduct (available for viewing in the Recreation Division main office.)

\* I have read and fully understand the above Waiver, Release and Indemnity Agreement and Permission to Secure Treatment.

Signature: \_\_\_\_\_

Date: \_\_\_\_\_

☐ Self ☐ Parent ☐ Legal Guardian

Form must be completed by a parent or legal guardian for those under 18 years of age.

# TAKE ADVANTAGE OF FREE PROGRAMS FOR CHILDREN UNDER 18

OAKLEY RESIDENTS  
ONLY

Earlier this year the Oakley City Council approved for youth under 18 to get one free class. There are just a few easy steps to follow.



## 1) CHOOSE A CLASS

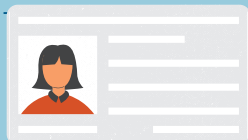
Read through the guide, and find a class that your child is interested in and the dates that work best for you.

Classes typically fill up quickly, so it is helpful to have a second choice picked out.



## 2) FILL OUT THE REGISTRATION FORM

Complete the registration form on page 4 of the Recreation Guide. This was be filled out by the parent or legal guardian.



## 3) REGISTER AT THE RECREATION CENTER

Bring your completed registration form and Driver's License or California State ID card that shows your Oakley address with you to the Rec Center to register.

## \*IF YOUR ID DOESNT SHOW YOUR OAKLEY ADDRESS

You can bring a copy of a utility bill that shows your name and Oakley address.



## ENJOY YOUR FREE CLASS !

Your receipt will have the details like dates, times and locations.

Space is limited in all programs, classes fill quickly. Free classes will continue until the funds allocated have been expended and may end at any time.

Cancellation of a class may result in inability to participate if space or funds have been expended.



# Breakfast with Santa

DECEMBER 9TH, 2023  
OAKLEY RECREATION CENTER  
1250 O'HARA AVE

\$12 PER PERSON



GUESTS WILL  
ENJOY A TASTY  
BREAKFAST AND  
GET TO VISIT  
WITH SANTA.

REGISTRATION  
OPENING IN OCTOBER!

# Christmas Tree Lighting

Dec. 2nd at 4pm  
Civic Center Plaza

Join us to light the  
downtown  
Christmas Tree  
with our special  
guest Santa!

# ADULT PROGRAMS

## GENTLE YOGA

**Instructor: Gina Bravo**

In this Gentle Yoga class, we will explore restorative poses to calm and soothe the body. Through breath and the postures, practitioners will stretch the body and relax the mind. This is a class for all levels and all bodies. Yoga and mindfulness are known to alleviate stress, strengthen the body, improve flexibility and contribute to well-being.

Don't forget to bring your yoga mat!

GYOGA35	Wed.	10/11-10/25	6pm-7pm	\$42 Res/\$52 NonRes	18 and up	Rec Center Studio
GYOGA36	Wed.	11/15-12/6	6pm-7pm	\$56 Res/\$66 NonRes	18 and up	Rec Center Studio
GYOGA37	Wed.	1/10-1/31	6pm-7pm	\$56 Res/\$66 NonRes	18 and up	Rec Center Studio

## INTERMEDIATE YOGA

**Instructor: Gina Bravo**

For the seasoned yoga practitioner or workout enthusiast, this mid level yoga class will challenge and strengthen your mind and body. We will practice breathing techniques, balance and postures to build stamina and strength.

These classes will be vinyasa (flow) based with variations to engage awareness and physically work the entire body.

Bring a mat and any props you have- blocks, yoga strap, etc.

IYOGA09	Wed.	10/9-10/23	6pm-7pm	\$42 Res/\$52 NonRes	18 and up	Rec Center Studio
IYOGA10	Wed.	11/13-12/4	6pm-7pm	\$56 Res/\$66 NonRes	18 and up	Rec Center Studio
IYOGA11	Wed.	1/8-1/29	6pm-7pm	\$42 Res/\$52 NonRes	18 and up	Rec Center Studio

## TAI CHI

**Instructor: Rocky Muir**

Tai Chi and Chi Gong are ancient Chinese forms of exercise for everyone. Studies have shown that practicing Tai Chi and Chi Gong can help improve balance, reduce stress, relieve pain, lower blood pressure, stabilize bone density, slow aging, improve memory, and aid in physical therapy. The movements are slow flowing with deep breathing designed to generate positive energy for well-being. No experience is necessary.

TC044	Thu.	10/19-11/30	3:30pm-4:15pm	\$48 Res/\$58 NonRes	18 and up	Rec Center Studio
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## ROLLIN' IN THE DOUGH

**Instructor: Charitie Bolling Tosuner**

Learn how to bake and to decorate delicious desserts. Using basic kitchen tools and equipment, you'll be able to recreate these masterpieces from your own home. Closed-toed shoes are required and an apron is recommended.

YUM04	Mon	10/16	3:30pm-5:30pm	\$65 Res/\$75 NonRes	18 and up	Oakley Recreation Center Kitchen
YUM05	Thu.	10/19	10am-Noon	\$65 Res/\$75 NonRes	18 and up	Oakley Recreation Center Kitchen
YUM06	Mon	11/8	3:30pm-5:30pm	\$65 Res/\$75 NonRes	18 and up	Oakley Recreation Center Kitchen
YUM07	Thu.	11/9	10am-Noon	\$65 Res/\$75 NonRes	18 and up	Oakley Recreation Center Kitchen
YUM08	Mon	12/4	3:30pm-5:30pm	\$65 Res/\$75 NonRes	18 and up	Oakley Recreation Center Kitchen
YUM09	Thu.	12/7	10am-Noon	\$65 Res/\$75 NonRes	18 and up	Oakley Recreation Center Kitchen

## ONLINE DRIVER'S EDUCATION

### Instructor: Bay Area Driving School

The DMV allows teens to receive their Learner's Permit at age 15 1/2, and a license at age 16. This class is the FIRST, required step that must be completed. This is an online course with videos, animated driving scenarios, and sample test questions. Learn the rules of the road, major causes of traffic collisions, DMV procedures and much more. A licensed instructor is available to answer any questions. Receive DMV-approved Certificate of Completion. Sign up any time. Once students are registered, they will be contacted by the instructor.

DRIV062	9/4	Anytime	\$49.99 Res/\$59.99 NonRes	15 and up	Online
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## ADULT ONLINE DRIVER'S EDUCATION

### Instructor: Bay Area Driving School

Learn the rules of the road and all you need to know to pass the DMV written test. The course includes multiple practice tests, videos and much more. This is a self-paced course and a great refresher of current and new laws. A licensed driving instructor is available to answer questions.

DRIV063	9/4	Anytime	\$45.99 Res/\$55.99 NonRes	18 and up	Online
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## VIRTUAL DRIVER'S EDUCATION

### Instructor: Bay Area Driving School

This is a virtual Driver's Education with a live instructor. Students will enjoy a series of Driver's Education lectures including understanding the responsibilities of having a driver's license, learning the rules of the road and accident avoidance procedures. Independent assignments will also be completed during the week. Course also includes practice questions, defensive driving movies and written test prep. Upon successful completion, students will receive a certificate of completion. Registration for this program comes with access to the Online Driver's Ed course materials. You do not need to register for both classes. If you are unsure which class would be best for you, we can help you at 925-625-7041.

DRIV064	Sat.	9/16-10/7	9am-Noon	\$205 Res/ \$215 NonRes	15 and up	Online
DRIV065	Mon.-Fri.	11/20-11/24	9am-Noon	\$205 Res/ \$215 NonRes	15 and up	Online
DRIV066	Tue-Fri	12/26-12/29	9am-Noon	\$205 Res/ \$215 NonRes	15 and up	Online

## BOMBS AWAY BATH BOMB WORKSHOP

### Instructor: Charitie Bolling Tosuner

Our bath bomb making workshop is the perfect way to learn how to make your own natural, non-toxic bath bombs and bath salts from scratch. We will be using all natural ingredients such as essential oils and locally harvested and organically grown botanical herbs. This workshop is the perfect approach to integrate tranquility and relaxation into your bathing routine.

BATHB01	Wed.	10/4	4:00pm-5:30pm	\$40 Res/\$50 NonRes	12 and up	Recreation Center Side A
BATHB02	Wed.	11/1	4:00pm-5:30pm	\$40 Res/\$50 NonRes	12 and up	Recreation Center Side A
BATHB03	Wed.	11/29	4:00pm-5:30pm	\$40 Res/\$50 NonRes	12 and up	Recreation Center Side A

## BUBBLELICIOUS

### Instructor: Charitie Bolling Tosuner

Bubbles are a fun and exciting way to spark your child's excitement, improve motor skills, and sharpen senses. Join us for a fun filled outdoor activity in the sun. Together we'll create bubble wands and experiment with several different bubble juice recipes for the perfect bubbles in all shapes and sizes.

BUBB01	Tue	9/19	3:30pm-4:30pm	\$25 Res/\$35 NonRes	4-12 years old	Recreation Center Field
BUBB02	Thur.	9/21	10am-11am	\$25 Res/\$35 NonRes	4-12 years old	Recreation Center Field
BUBB03	Tue	9/26	3:30pm-4:30pm	\$25 Res/\$35 NonRes	4-12 years old	Recreation Center Field
BUBB04	Thur.	9/28	10am-11am	\$25 Res/\$35 NonRes	4-12 years old	Recreation Center Field
BUBB05	Tue	10/3	3:30pm-4:30pm	\$25 Res/\$35 NonRes	4-12 years old	Recreation Center Field
BUBB06	Thur.	10/5	10am-11am	\$25 Res/\$35 NonRes	4-12 years old	Recreation Center Field

# KIDS ART CLASSES

## EX-SQUEEZE-ME

**Instructor: Charitie Bolling Tosuner**

Calling all squishy fans! Join us for another fun DIY class in Squishy toy Making! Using simple methods and techniques you can make your own handheld lightweight fluffy squishy toys! Squishes are perfect for any occasion. They can be used for stress relief or simple play.

SQSH06	Wed.	10/11	2:00pm-3pm	\$30 Res/\$40 NonRes	6 and up	Recreation Center Side A
SQSH07	Wed.	10/25	4:00pm-5pm	\$30 Res/\$40 NonRes	6 and up	Recreation Center Side A
SQSH08	Wed.	11/8	2:00pm-3pm	\$30 Res/\$40 NonRes	6 and up	Recreation Center Side A
SQSH09	Wed.	11/22	4:00pm-5pm	\$30 Res/\$40 NonRes	6 and up	Recreation Center Side A
SQSH10	Wed.	12/6	2:00pm-3pm	\$30 Res/\$40 NonRes	6 and up	Recreation Center Side A

## FACE OFF- SPECIAL EFFECTS MAKE UP WORKSHOP

**Instructor: Charitie Bolling Tosuner**

Special effects makeup (SPFX Makeup) is a form of non-traditional makeup used to enhance features or simulate the appearance of injuries by using high grade makeup. Create either simplified looks or more intricate effects for zombies, aliens, or monsters. Whether you're a beginner or an experienced makeup artist, this crash course is designed to familiarize you with the fundamentals of creating realistic special effects makeup looks. You will be equipped with the skills to be able to recreate larger, more detailed pieces on your own. If you are into costuming, cosplay, Halloween or want to take your makeup skills to the next level, this class is just right for you!

SPFX01	Tue	10/10	3:30pm-5:30pm	\$75 Res/\$85 NonRes	12-18 years old	Recreation Center Side B
SPFX02	Tue	10/17	3:30pm-5:30pm	\$75 Res/\$85 NonRes	12-18 years old	Recreation Center Patio
SPFX03	Tue	10/24	3:30pm-5:30pm	\$75 Res/\$85 NonRes	12-18 years old	Recreation Center Patio



Coupon Books will be available at the Recreation Center, City Hall and at events throughout the year.

Contact Alicia at [oleary@ci.oakley.ca.us](mailto:oleary@ci.oakley.ca.us) for more information about having a coupon in the book.

## SLIMEOLOGY 101

**Instructor: Charitie Bolling Tosuner**

Calling all Slimeologists to join us in an epic time of making a variety of slimes! Parental or adult supervision may be required for children under 8 years old.

SLIME14	Wed.	10/11	4:00pm-5:00pm	\$30 Res/\$40 NonRes	All ages	Oakley Rec Center Room A
SLIME15	Wed.	10/25	2:00pm-3:00pm	\$30 Res/\$40 NonRes	All ages	Oakley Rec Center Room A
SLIME16	Wed.	11/15	4:00pm-5:00pm	\$30 Res/\$40 NonRes	All ages	Oakley Rec Center Room A
SLIME17	Wed.	11/22	2:00pm-3:00pm	\$30 Res/\$40 NonRes	All ages	Oakley Rec Center Room A
SLIME18	Wed.	12/6	4:00pm-5:00pm	\$30 Res/\$40 NonRes	All ages	Oakley Rec Center Room A
SLIME19	Wed.	1/17	4:00pm-5:00pm	\$30 Res/\$40 NonRes	All ages	Oakley Rec Center Room A

## SOAP OPERA- SOAP MAKING WORKSHOP

**Instructor: Charitie Bolling Tosuner**

Learn how to make soap structures and create your own sudsy masterpieces. This is the perfect class to boost your child's creativity and encourage good hygiene. Bath time is guaranteed to be double the suds and triple the fun.

SOAP01	Wed.	9/20	4:00pm-5:00pm	\$30 Res/\$40 NonRes	6 and up	Oakley Rec Center Room A
SOAP02	Wed.	10/4	2:00pm-3:00pm	\$30 Res/\$40 NonRes	6 and up	Oakley Rec Center Room A
SOAP03	Wed.	10/18	4:00pm-5:00pm	\$30 Res/\$40 NonRes	6 and up	Oakley Rec Center Room A
SOAP04	Wed.	11/1	2:00pm-3:00pm	\$30 Res/\$40 NonRes	6 and up	Oakley Rec Center Room A
SOAP05	Wed.	11/15	4:00pm-5:00pm	\$30 Res/\$40 NonRes	6 and up	Oakley Rec Center Room A
SOAP06	Wed.	12/13	4:00pm-5:00pm	\$30 Res/\$40 NonRes	6 and up	Oakley Rec Center Room A
SOAP07	Wed.	1/10	4:00pm-5:00pm	\$30 Res/\$40 NonRes	6 and up	Oakley Rec Center Room A
SOAP08	Wed.	1/29	2:00pm-3:00pm	\$30 Res/\$40 NonRes	6 and up	Oakley Rec Center Room A

## TATER-TOTS- BAKING WORKSHOP

**Instructor: Charitie Bolling Tosuner**

A fun and unique hands-on baking experience designed specially for younger chefs. Each session features holiday themed projects that are suited for each holiday occasion. We simplify culinary baking techniques using basic terminology and essential equipment, making the culinary experience fun and manageable for our culinary adventurers.

BAKE01	Mon.	10/30	4:00pm-5:00pm	\$30 Res/\$40 NonRes	8-12 years old	Kitchen
BAKE02	Wed.	11/1	2:00pm-3:00pm	\$30 Res/\$40 NonRes	8-12 years old	Kitchen
BAKE03	Wed.	11/14	4:00pm-5:00pm	\$30 Res/\$40 NonRes	8-12 years old	Kitchen
BAKE04	Wed.	11/16	2:00pm-3:00pm	\$30 Res/\$40 NonRes	8-12 years old	Kitchen
BAKE05	Wed.	12/12	4:00pm-5:00pm	\$30 Res/\$40 NonRes	8-12 years old	Kitchen

## INTRODUCTION TO PAINTING WORKSHOP

**Instructor: H-Art Therapy Staff**

In this workshop, we will cover a wide variety of lesson plans including still life, landscape, and portrait painting. The sky is the limit! No prior experience is required. We will hold the students hand every step of the way. With our step-by-step methods, anyone can create a masterpiece. This workshop provides the perfect balance between the guided assistance necessary for learning, and allowing creative freedom to make the art your own. We make the experience fun so come create in a judgment free atmosphere with experienced Art Coaches. Note: Please be sure to wear an old shirt. We will provide and apron. It can get a little messy. This program requires a \$10 materials fee for each participant. This fee is separate from the listed cost of the program, and is to be paid to the instructor on the first day of class.

HARTT10	Tue	10/3-10/24	3:45pm-5:15pm	\$100 Res/\$110 NonRes	6-13 years old	Oakley Rec Center Room A
HARTT11	Tue.	11/7-11/28	10am-11:30am	\$100 Res/\$110 NonRes	6-13 years old	Oakley Rec Center Room A

# KIDS DANCE CLASSES

## TINY TUTUS

**Instructor: Jabris Rucker**

Tiny Tutus is the perfect class for your little dancer who desires to explore the world of dance. This fun class will include ballet, creative movement, and dance games. Each class will consist of 3 parts creative warm-up, dance games and choreography. Please wear comfortable clothes/dancewear and ballet shoes/bare feet. Don't forget your tutu!

TINYT25	Tue.	10/17-12/5	4pm-4:30pm	\$55 Res/\$65 NonRes	3-5 years old	Oakley Rec Center Studio
TINYT26	Tue.	1/9-2/27	4pm-4:30pm	\$55 Res/\$65 NonRes	3-5 years old	Oakley Rec Center Studio

## TWIRLING TUTUS

**Instructor: Jabris Rucker**

This is an introductory class to the technique of ballet. Students will learn ballet basics while exploring the fantasy world of fairies and princesses. Each class will be structured into five parts: Warm-up and Stretching, Intro-Ballet Barre, Technique, Dance Games, and Choreography. Please wear leotard, tights, and ballet shoes with hair up and away from face.

TTPB042	Tue.	10/17-12/5	4:45pm-5:30pm	\$55 Res/\$55 NonRes	6-9 years old	Oakley Rec Center Studio
TTPB043	Tue.	1/9-2/27	4:45pm-5:30pm	\$55 Res/\$65 NonRes	6-9 years old	Oakley Rec Center Studio

## CONTEMPORARY DANCE

**Instructor: Jabris Rucker**

Contemporary Dance is a form of movement that incorporates, but is not limited to, ballet, modern, jazz, and lyrical dance. In this class we will learn foundational technique while exploring our emotions and feelings through dance. This class will consist of 3 parts Warm-Up, Technique and Choreography. Attire: Dance or Exercise Clothing, Dance Shoes (Ballet/Jazz Shoes: Easier for Turns & Slides) or Barefoot.

CONT06	Mon.	10/16-12/5	4:00pm-4:45pm	\$55 Res/\$65 NonRes	8-13 years old	Oakley Rec Center Studio
CONT07	Mon.	1/8-2/26	4:00pm-4:45pm	\$55 Res/\$65 NonRes	8-13 years old	Oakley Rec Center Studio

## TINY STEPS

**Instructor: Be Exceptional Staff**

You and your little one can join us in this all-abilities class while we explore creative movement games and activities. We will use props, dance games and play to help develop spatial awareness, rhythm, and listening skills in your tiny dancer. Parent/Guardian participation is required.

BETS07	Tue.	9/5-10/10	9am- 9:45am	\$70 Res/\$80 NonRes	1-3 years old	Oakley Rec Center Studio
BETS08	Tue.	10/17-12/5	9am- 9:45am	\$70 Res/\$80 NonRes	1-3 years old	Oakley Rec Center Studio

## BALLET/TAP/TUMBLING

**Instructor: Be Exceptional Staff**

Designed to be adaptive for all abilities, this class will consist of a mix of beginner ballet, tap, and tumbling. We will use creative movement, dance games and play to help dancers develop spatial awareness, rhythm, and listening skills. Ballet and tap shoes required.

BEETT07	Tue.	9/5-10/10	11am-11:40am	\$70 Res/\$80 NonRes	3-5 years old	Oakley Rec Center Studio
BEETT08	Tue.	10/17-12/5	11am-11:40am	\$70 Res/\$80 NonRes	3-5 years old	Oakley Rec Center Studio

# KIDS DANCE & SPORTS

## CREATIVE MOVEMENT

**Instructor: Jabris Rucker**

Creative Movement is a fun class for students (boys & girls) that encourages students to use their imaginations, express individuality through improvisation, improve motor skills, and build self-esteem as they learn the basics of dance. Each class session will be structured into 3 parts: Warm-Up, Dance Games and Choreography. Please wear comfortable exercise or dance clothing. Bare feet, tennis shoes or dance shoes.

CM044	Thu.	10/19-12/7	4:30pm-5:15pm	\$55 Res/\$65 NonRes	5-7 years old	Oakley Rec Center Studio
CM045	Thu.	1/11-2/29	4:30pm-5:15pm	\$55 Res/\$65 NonRes	5-7 years old	Oakley Rec Center Studio

## EVERYTHING SPORTS FOR KIDS

**Instructor: Jump Bunch**

Jump Bunch sports "Everything sports for tots" classes are designed to introduce children at a young age to different sports using child friendly equipment in a fun atmosphere. We incorporate music with exercise and introduce a different sport every week. While working on their gross motor skills and hand-eye coordination. Please have your children wear tennis shoes and comfortable clothing to class.

JBES12	Wed.	10/11-11/15	4:30pm-5pm	\$120 Res/\$130 NonRes	3 -5 years old	Oakley Rec Center Studio
JBES13	Wed.	1/10-1/31	4:30pm-5pm	\$80 Res/\$90 NonRes	3 -5 years old	Oakley Rec Center Studio

## LITTLE DUNKERS INTRO TO BASKETBALL

**Instructor: Jump Bunch**

Young children will be introduced to the fundamentals of Basketball such as dribbling, shooting, passing, hand-eye coordination and footwork. Basic warm up exercises in a fun atmosphere will be incorporated into the program as well. Please have your child wear tennis shoes and comfortable clothing to class.

JBLD12	Wed.	10/11-11/15	5:15pm-5:45pm	\$120 Res/\$130 NonRes	4-5 years old	Oakley Rec Center Studio
JBLD13	Wed.	1/10-1/31	5:15pm-5:45pm	\$80 Res/\$90 NonRes	4-5 years old	Oakley Rec Center Studio

## HOLIDAY DECORATING CONTEST 2023

Snap a photo or video of your home and upload it using the form at [oakleyinfo.com](http://oakleyinfo.com). The deadline to enter is December 8th and winner will be announced on December 14th.



# KIDS SPORTS CLASSES

## SKATEBOARDING LESSONS

### Instructor: Be Exceptional Staff

Inclusive skateboarding lessons for all abilities. Beginners to experts can build upon their skateboarding skills. Please bring a helmet and pads. A skateboard can be provided for use during the lesson if needed.

BESK06	Tue.	9/5-10/10	4:30pm-5:30pm	\$100 Res/\$110 NonRes	8 and Up	Creekside Park
BESK07	Tue.	10/17-12/5	4:30pm-5:30pm	\$100 Res/\$110 NonRes	8 and Up	Creekside Park

## BOXING

### Instructor: Brian Jackson

This class is designed to promote physical fitness in youth through the fundamentals of the sport of boxing. This program requires a \$60 materials fee for each participant. This fee is separate from the listed cost of the program, and is to be paid to the instructor on the first day of class.

BOX01	Mon.	10/9-11/6	6pm-7pm	\$100 Res/\$110 NonRes	8-14 years old	Oakley Recreation Center Studio 1
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## GYMNASTICS, YOGA & MOVEMENT

### Instructor: Gina Bravo

Join us for a fun, physical class exploring strength training, flexibility, and breathing techniques. Kids will learn gymnastics and yoga-their similarities, differences, and all the terminology that go with both. We will use props and music to make movement fun! Exercises of balance, coordination, and strength are shown to improve self-esteem, cognitive skills, and increase focus.

GYM32	Mon.	10/9-10/23	5pm-5:45pm	\$42 Res/\$52 NonRes	2-5 years old	Oakley Rec Center Studio
GYM33	Mon.	11/13-12/4	5pm-5:45pm	\$56 Res/\$66 NonRes	2-5 years old	Oakley Rec Center Studio
GYM34	Mon.	1/8-1/29	5pm-5:45pm	\$42 Res/\$52 NonRes	2-5 years old	Oakley Rec Center Studio

## BIDDY SPORTS BASKETBALL

### Instructor: Biddy Sports Staff

Biddy Basketball is a wonderful introduction to team sports. Children ages 3-7 years will receive a Biddy Sports shirt and learn the fundamentals of the sport and develop social skills in a fun, safe family environment. The younger group, 3-5 yrs. will be non-competitive, with score introduced for older teams, 6-7 yrs. Each week includes a fun warm up, practice with your team, and playing a game. The time may vary from week-to-week. Your child will always play on Saturday, for one hour finishing by 12pm.

Parents support their child's efforts and get involved by volunteering to coach their coach's team—please volunteer when you register. No coaching experience needed. The coaches training will take place on Sunday, September 24th. The deadline to register is September 15th Sign up early, limited space is available.

BSBB01	Sat.	9/30-11/4	1 hour between 8:30am and Noon	\$82.00 Res/\$92 NonRes	3-7 years old	Creekside Park
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**HALLOWEEN DECORATING CONTEST**

Snap a photo or video of your home and upload it using the form at [oakleyinfo.com](http://oakleyinfo.com). The deadline to enter is October 16th and winner will be announced on October 30th.

# KIDS SPORTS CLASSES

## FUNDAMENTAL FACTOR: BASKETBALL

**Instructor: Ragsdale Hoops Association**

Participants will develop and strengthen basic playing skills through drills, teamwork, and positive feedback. Please wear proper shoes and athletic attire. Participants will also need to bring their own basketball, mouth guard, and water bottle.

FFB03	Tue. & Thur.	10/17-12/14	7pm-8:30pm	\$200 Res/\$210 NonRes	11-14 years old	Delta Vista MPR
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## OFFICIAL YOUTH NFL FLAG FOOTBALL

**Instructor: Brian Jackson**

This course is designed to engage youth in a fun and exciting way while learning the fundamentals of the sport of football (skills building). Please wear cleats/athletic shoes and shorts/athletic pants.

This program requires a \$60 materials fee for each participant. This fee is separate from the listed cost of the program, and is to be paid to the instructor on the first day of class.

ECCFF02	Sundays	10/8-11/5	9am-Noon	\$100 Res/\$110 NonRes	8-13 years old	Oakley Recreation Center
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## TUMBLE TOTS

**Instructor: Be Exceptional Staff**

Join us in this all-abilities class while we learn the basics of gymnastics and tumbling skills. Workout/dance attire and bare feet required.

BETT03	Tue	9/5-10/10	10am-10:40am	\$70 Res/\$80 NonRes	3-4 years old	Oakley Rec Center Studio
BETT04	Tue.	10/17-12/5	10am-10:40am	\$70 Res/\$80 NonRes	3-4 years old	Oakley Rec Center Studio



# KIDS SPORTS CLASSES

## MAX ACADEMY OF MARTIAL ARTS- PANDAS

**Instructor: Max Academy Staff**

The Panda class is a physical and mental developmental program that helps young students enhance their coordination, locomotor skills, and balance. Simultaneously, students will learn important character skills like respect, focus, and perseverance. Max Academy Pandas love our classes, the chance to be with their friends, and the time they spend with their instructors. Uniforms are optional and will be available through the instructor. Students may choose to wear comfortable exercise clothing.

PMA022	Tue.	9/5-9/26	3:30pm-4pm	\$88 Res/\$98 NonRes	4-6 years old	Oakley Rec Center Side B
PMA023	Tue.	10/17-11/14	3:30pm-4pm	\$88 Res/\$98 NonRes	4-6 years old	Oakley Rec Center Side B
PMA024	Tue.	1/9-1/30	3:30pm-4pm	\$88 Res/\$98 NonRes	4-6 years old	Oakley Rec Center Side B

## MAX ACADEMY OF MARTIAL ARTS- PANDAS

**Instructor: Max Academy Staff**

Our Junior students learn to enhance their athleticism and protect themselves from danger through the practice of effective self defense skills and martial arts techniques. Additionally, Max Academy students learn essential character traits like respect, focus, and perseverance. Our Juniors love coming to class where they make new friends, participate in fast-paced drills and games, and learn from instructors who genuinely care about them. Uniforms are optional and will be available through the instructor. Students may choose to wear comfortable exercise clothing.

JMA022	Tue.	9/5-9/26	4:10pm-4:55pm	\$88 Res/\$98 NonRes	4-6 years old	Oakley Rec Center Side B
JMA023	Tue.	10/17-11/14	4:10pm-4:55pm	\$88 Res/\$98 NonRes	4-6 years old	Oakley Rec Center Side B
JMA024	Tue.	1/9-1/30	4:10pm-4:55pm	\$88 Res/\$98 NonRes	4-6 years old	Oakley Rec Center Side B

# 2023 Holiday Card Art Contest

It has been a long-standing tradition in law enforcement agencies to send holiday cards to one another. Once again, the Oakley Police Department welcomes the children in our community to help them spread holiday cheer by designing the holiday card that will be sent to other law agencies!

The contest is open to all children in grades Kindergarten through 6th who live in Oakley or attend school in Oakley. One winner will be selected in each age group (K-3 and 4-6) by the OPD officers to be the designs for their 2023 holiday cards. The winners will also get a set of cards to send to family and friends, as well as a \$25 gift card. Winning designs will also be on display at one of the marquees!

**DEADLINE: 12p.m. (noon) Monday, November 6th, 2023**

### Rules

- Artwork must be the original design of the contestant and can't include any copyrighted images or characters.
- Only one submission per contestant is allowed.
- Artwork may be drawn or painted by hand or created digitally.
- The holiday card design should appeal to all faiths and cultures.
- Winning artwork may be modified to fit on the Holiday Card.

A blank template can be printed from [www.ci.oakley.ca.us/holidayartcontest](http://www.ci.oakley.ca.us/holidayartcontest)

# UPCOMING EVENTS



*Retro Summer*  
**BLOCK PARTY**

GLITTER TATTOOS  
GAMES  
MUSIC

**THIS SUMMER MOVIES IN THE PLAZA AREN'T JUST FOR KIDS!**

Dust off your skates and head down to one of our retro summer block parties in the plaza.

Enjoy fun, lawn games, music and more.

enjoy one of your favorite childhood movies with a friend family.

**SEPTEMBER 9 @ 5PM**

**SELENA**



 **OAKLEY** FINAL CONCERT IN THE PARK OF 2023

**10/6 - MAYA LATIN ROOTS**

**5:00 PM - 9:00 PM AT CIVIC CENTER PLAZA**

THIS EVENT IS IN PARTNERSHIP WITH FOODIE CREW TO BRING FRIDAY NIGHT BITES TO OAKLEY.\* NO OUTSIDE ALOCHOL IS PERMITTED.

ARE YOU A MEMBER OF A BAND THAT WOULD LIKE TO PERFORM IN 2024? SCAN THE QR CODE BELOW TO BE NOTIFIED WHEN THE APPLICATION GOES LIVE.



OPEN YOUR PHONE CAMERA AND SCAN THE CODE HERE.



**11 NOV**





**VETERANS DAY**

\*\*\* Ceremony \*\*\*

HONORING ALL WHO SERVED

**11 AM**



**CIVIC CENTER PLAZA 3231 MAIN STREET OAKLEY, CA 94561**



Calling all elves & stuffed animals in Oakley!

Help welcome our elf, Oakleigh, by joining us for a sleepover at the Recreation Center. Bring your elves and stuffed animals for a fun craft & snack! Leave your elf and stuffed animal overnight as they have a fun sleepover with games, movies, & more.

Pre-registration is required at [www.ci.oakley.ca.us/registration](http://www.ci.oakley.ca.us/registration).



**You're Invited!**

**Oakleigh the Elf's Stuffed Animal Sleepover**

**OAKLEY**



3231 Main Street  
Oakley, CA 94561

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# 2023 Heart of Oakley Festival

**September 23rd • 11 AM**  
**Civic Center Plaza**

*Wine & Beer*  
*Food Trucks*  
*Local Makers*  
*Local Performers*  
*Family-Friendly*  
*Entertainment*



**If you're interested in being a vendor at this event or at a future event,  
please contact Alicia at [oleary@ci.oakley.ca.us](mailto:oleary@ci.oakley.ca.us)**

**Visit [www.oakleyinfo.com](http://www.oakleyinfo.com) or  
call (925) 625-7041 for more information.**