

# Recreation Guide

Summer 2024



LIVE, WORK, and PLAY  
in the heart of the delta

## PRE-REGISTRATION

Please register at least one week prior to the class start date. Each class has a minimum enrollment requirement to cover the cost of the program. Early registration is recommended as programs may fill up or cancel.

Log on to [www.ci.oakley.ca.us/registration](http://www.ci.oakley.ca.us/registration) to create an account and register online. Registration is also accepted in person at the Oakley Recreation Center located at 1250 O'Hara Avenue. Need help? Contact our office at 925-625-7041.

## ACCOMODATIONS

Please indicate special accommodations required on the registration form and speak to the program supervisor two weeks in advance of the program start date. To request a copy of this guide in alternative formats please contact the Recreation Division at 925-625-7041.

## REFUNDS

Effective April 28: Refunds must be requested at least 5 days prior to the start of the first session. All refunds will be assessed a processing fee of \$12.

The City of Oakley's mission, vision and values guide us on a **PATH** to where we want to **LIVE, WORK, and PLAY** in the heart of the Delta.

### MISSION

The City of Oakley will create a resilient future that fosters and attracts a vibrant and evolving community that welcomes and values all people.

### VISION

The City of Oakley celebrates our unique Delta lifestyle and small-town feel where we Live in a safe dynamic community, Work together to build the future, and Play in our own backyard.

## THE RECREATION DIVISION

### Recreation Manager

Troy Faulk

[faulk@ci.oakley.ca.us](mailto:faulk@ci.oakley.ca.us)

### Recreation & Event Coordinator

Alicia O'Leary

[oleary@ci.oakley.ca.us](mailto:oleary@ci.oakley.ca.us)

### Assistant Recreation Coordinator

Jessica Hicks

[hicks@ci.oakley.ca.us](mailto:hicks@ci.oakley.ca.us)

### Office Assistant

Caylie Simmons

[simmons@ci.oakley.ca.us](mailto:simmons@ci.oakley.ca.us)

## Let's Get Social

FOLLOW US & TAG US:



@oakleyrecreation

## INSTRUCTORS WANTED

Looking to share your skills and knowledge with your community? The City of Oakley Recreation Division is seeking instructors to teach their own classes. As an instructor, you'll have the opportunity to create your own curriculum and share your expertise with others. This is a great chance to give back to your community and help others learn something new!

Desired areas of interest include:

Teens, adults, seniors • Weekday & weekend mornings • Baking or cooking • Outdoor sports or fitness • School break camps

For more information and to request our Instructor Handbook, please call the Recreation Division at (925) 625-7041 or email [hicks@ci.oakley.ca.us](mailto:hicks@ci.oakley.ca.us).

# Facility Rentals Available

Call (925) 625-7041 for more information and to check availability.

## Oakley Recreation Center

1250 O'Hara Avenue



Nunn Wilson Group Picnic Area  
100 Oxford Drive



Creekside Park Group Picnic Area  
3900 Creekside Way



Crockett Park Group Picnic Area  
4150 Richard Way



Summer Lake Park Group Picnic Area  
4020 Summerlake Drive

## SAVE THE DATE

JUNE 29TH • 9AM - 10AM • 5TH ST TO NORCROSS LN

## HELP US CELEBRATE

## OUR 25TH ANNIVERSARY PARADE!



# REGISTRATION FORM

\*Form limited to family members only! This form will be used to create a CivicRec Account so that you can register online in the future.

Main Contact/Parent Guardian Name: \_\_\_\_\_

Street Address: \_\_\_\_\_ City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Day Phone: \_\_\_\_\_ Evening Phone: \_\_\_\_\_ Mobile Phone: \_\_\_\_\_

E-mail Address (this will be your log in/username): \_\_\_\_\_ Birthdate: \_\_/\_\_/\_\_

Participant Name	Class Number	Birthdate(mm/dd/yy)	Current Grade	Male/Female	Program Fee

**Please make checks payable to The City of Oakley**

Return check fee of \$25.00 will be automatically charged to the liable guardian or participant of said activity.

**Waiver, Release and Indemnity Agreement and Permission to Secure Treatment**

As the parent/guardian of a minor participating in the City of Oakley's Recreation Programs, Field Trip and Services, I recognize and acknowledge that there are certain risks of physical injury. This Waiver, Release and Indemnity Agreement is intended to discharge in advance the City of Oakley, the Oakley Union School District, the Liberty Union High School District and its officers, employees, volunteers, and agents from any and all liability arising out of or connected in any way with myself or my child/ward's participation in said activity, even though that liability may arise out of negligence or carelessness on the part of the persons or entities mentioned above. It is further agreed that this Waiver, Release and Indemnity Agreement is to be binding on my heirs and assignees. I agree to assume the full risk of any injuries, damages or loss that I or my minor child/ward may sustain as a result of participating in any and all activities connected with or associated with each activity. I additionally agree to indemnify the City against any claims or rights of action for damages which I or the minors has/have before or after they reach age of majority. I further agree that certain marketable information may be used in accordance with State Laws and regulations. Such items include: e-mail addresses, photos and press releases that include statements made by myself or my child/ward in publication of said activities. In the event of any emergency, I authorize City Officials to secure from any licensed hospital, physician, and/or medical personnel any treatment deemed necessary for my minor child's immediate and emergency care if it be deemed to sustain life. I also agree that I will be responsible for payment of any and all medical services rendered.

**In case of emergency whom should we contact? Please list at least one contact other than yourself.**

Name: \_\_\_\_\_ Phone: \_\_\_\_\_ Relationship: \_\_\_\_\_

Name: \_\_\_\_\_ Phone: \_\_\_\_\_ Relationship: \_\_\_\_\_

Name: \_\_\_\_\_ Phone: \_\_\_\_\_ Relationship: \_\_\_\_\_

**Accommodation Requests:** Please indicate if you or your child has any medical conditions, dietary restrictions, special needs, language barriers, or other issues that may present themselves during the course of the program. Please list and indicate if you request an accommodation for the facility or program. Indicate none if no conditions or accommodations are requested.

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- \* I agree to all of the above conditions:
- \* I understand that I am subject to dismissal from participation of said activity for inappropriate and disrespectful behavior.
- \* I understand that my child's/ ward's enrollment is subject to dismissal due to certain violations of the Recreation Division's program code of conduct (available for viewing in the Recreation Division main office.)
- \* I have read and fully understand the above Waiver, Release and Indemnity Agreement and Permission to Secure Treatment.

Signature: \_\_\_\_\_

Date: \_\_\_\_\_

Self  Parent  Legal Guardian

**Form must be completed by a parent or legal guardian for those under 18 years of age.**



# 25TH ANNIVERSARY CELEBRATION

WHEN? MAY 4TH FROM 4PM TO 10PM

WHERE? CIVIC CENTER PLAZA (3231 MAIN ST)

4PM - 8PM

FOOD TRUCKS • GIFT CARD GIVEAWAY  
FAST TIMES BAND PLAYING 90S HITS

8PM - 10PM

'10 THINGS I HATE ABOUT YOU' MOVIE SCREENING

PARTY LIKE IT'S 1999

[WWW.OAKLEYINFO.COM](http://WWW.OAKLEYINFO.COM) | 925-625-7041

# 2024 Kids Fishing Derby

SATURDAY, AUGUST 10TH  
8:00 AM TO 11:00 AM  
OAKLEY/ANTIOCH PIER

# Memorial Day Ceremony

★★★  
May 25, 2024  
10AM - 11AM

★★★★★  
Join us for our annual Memorial Day Ceremony at the Oakley Recreation Center.

★★★  
To learn more, please call the Oakley Recreation Division at (925) 625-7041.

 OAKLEY



# SUMMER CAMPS

Weekly sessions available for 6/17 to 7/26. Camps run at the Oakley Recreation Center 9:00am - 4:00pm, Monday-Friday unless otherwise specified.

**Residents: \$125/week**  
**Resident Extended Care: \$50/week**  
**Non-Residents: \$200/week**  
**Non-Resident Extended Care: \$100/week**

**Little Leaves** Ages 6-8

**Big Leaves** Ages 9-11

Join us for Youth Summer Camp from the Oakley Recreation Division, a fun filled program designed to expose children to fun, engaging and active experiences all summer long. Activities include team building, playground games, sports, art projects and water play.

**Youth CORE** Grades 6th - 11th

Summer CORE Camp (Committed to Ongoing Revitalization Efforts) offers local teens a chance to participate in service learning. Each week campers focus on community service projects at local parks; engaging in meaningful volunteer work while having fun through games, activities and team building. Each participant will have the opportunity to earn a free field trip at the end of the week based on their work and behavior. Each week features a fun field trip including The Exploratorium, Six Flags, Waterworld, Scandia and more.

**Extended Care** All Ages

Extended care is being offered for families with a child participating in Summer Camp. Drop your child off anytime between 7:45am-9:00am and pick up anytime between 4:00pm-5:30pm. During daily extended care sessions recreation staff will lead games and activities with campers.

**Scan the code to register!**

**Resident Registration Opens:**  
4/15 8:00am In-Person Only  
4/16 8:00am Online and In-Person

**Non Resident Registration Opens:**  
4/16 8:00am Online and In-Person





## Tiny Steps

**Instructor: Be Exceptional**

**Ages 1-3 years old**

You and your little one can join us in this all-abilities class while we explore creative movement games and activities. We will use props, dance games and play to help develop spatial awareness, rhythm, and listening skills in your tiny dancer. Parent/Guardian participation is required. No class on 7/02.

BETS12	Tue	6/04 - 7/16	9:00am - 9:45am	\$70 Res/\$80 NonRes	Rec Center Studio
BETS13	Tue	7/23 - 8/27	9:00am - 9:45am	\$70 Res/\$80 NonRes	Rec Center Studio

## Tumble Bugs

**Instructor: Be Exceptional**

**Ages 2-3 years old**

Let your little bug have fun while learning basic tumbling skills independently. This class incorporates tumbling activities to enhance motor skills, balance, swinging, jumping, flexibility, and strength. Please wear comfortable clothes and bare feet. No class on 7/02.

BETB04	Tue	6/04 - 7/16	10:00am - 10:45am	\$70 Res/\$80 NonRes	Rec Center Studio
BETB05	Tue	7/23 - 8/27	10:00am - 10:45am	\$70 Res/\$80 NonRes	Rec Center Studio

## Gymnastics, Yoga, Movement (GYM)

**Instructor: Gina Bravo**

**Ages 2-5 years old**

Join us for a fun, physical class exploring strength training, flexibility, and breathing techniques. Kids will learn gymnastics and yoga-their similarities, differences, and all the terminology that go with both. We will use props and music to make movement fun! Exercises of balance, coordination, and strength are shown to improve self-esteem, cognitive skills, and increase focus.



GYM37	Mon	4/29 - 5/20	5:00pm - 5:45pm	\$60 Res/\$70 NonRes	Rec Center Studio
GYM38	Mon	6/03 - 6/24	5:00pm - 5:45pm	\$60 Res/\$70 NonRes	Rec Center Studio
GYM39	Mon	7/08 - 7/29	5:00pm - 5:45pm	\$60 Res/\$70 NonRes	Rec Center Studio
GYM40	Mon	8/05 - 8/26	5:00pm - 5:45pm	\$60 Res/\$70 NonRes	Rec Center Studio

## Tiny Tutus

**Instructor: Jabris Rucker**

**Ages 3-5 years old**

Tiny Tutus is the perfect class for your little dancer who desires to explore the world of dance. This fun class will include ballet, creative movement, and dance games. Each class will consist of 3 parts warm-up, dance games and choreography. Please wear comfortable clothes/dancewear and ballet shoes or bare feet/footless tights. Don't forget your tutu! No class on 5/28, 7/04 or 9/03.

TINYT28	Tue	5/07 - 6/11	4:00pm - 4:30pm	\$55 Res/\$65 NonRes	Rec Center Studio
TINYT29	Thu	6/20 - 7/11	4:00pm - 4:30pm	\$45 Res/\$55 NonRes	Rec Center Studio
TINYT30	Tue	8/20 - 10/01	4:00pm - 4:30pm	\$55 Res/\$65 NonRes	Rec Center Studio



## Everything Sports for Kids

Instructor: JumpBunch

Ages 3-5 years old

This program is designed to introduce young athletes to different sports using child friendly equipment in a fun atmosphere with music incorporated with exercise. Different sports are introduced each week focusing on hand-eye coordination and gross motor skills. Sneakers and comfortable clothes required. No class on 6/19

JBES16	Wed	5/29 - 7/10	4:30pm - 5:00pm	\$120 Res/\$130 NonRes	Rec Center Studio
JBES17	Wed	7/24 - 8/28	4:30pm - 5:00pm	\$120 Res/\$130 NonRes	Rec Center Studio

## Biddy Soccer & T-Ball

Instructor: Biddy Sports

Ages 3-7 years old

Biddy Sports programs are caregiver participation sports leagues. All parents are required to be present and participate with their child. Each week participants will learn fundamentals through warm ups, team practice and scrimmages in a non-competitive environment. Each team meets for one hour each week, times vary between 8:30am-12pm. No class 7/06 (soccer) or 8/31 (T-ball).

**Soccer**

Registration Deadline: Friday, May 25

BSS011	Sat	6/01 - 7/13	Times Vary 8am-12pm	\$100 Res/\$110 NonRes	Rec Center Field
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**T-Ball**

Registration Deadline: Friday, July 12

BTB014	Sat	8/03 - 9/14	Times Vary 8am-12pm	\$100 Res/\$110 NonRes	Rec Center Field
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## Little Dunkers Intro to Basketball

Instructor: JumpBunch

Ages 4-5 years old

Young children will be introduced to the fundamentals of basketball such as dribbling, shooting, passing, hand-eye coordination and footwork. Basic warm up exercises in a fun atmosphere will be incorporated into the program as well. Please have your child wear tennis shoes and comfortable clothing to class. No class on 6/19

JBLD16	Wed	5/29 - 7/10	5:15pm - 5:45pm	\$120 Res/\$130 NonRes	Rec Center Studio
JBLD17	Wed	7/24 - 8/28	5:15pm - 5:45pm	\$120 Res/\$130 NonRes	Rec Center Studio

## National Academy of Athletics - All Sports Camp

Instructor: ational Academy of Athletics

Ages 4-6 years old

The All Sports Camp is a perfect place for kids to be introduced to the world of sports and an active, healthy lifestyle. This multi-sport camp may include sports like basketball, soccer, and flag football. Other games may include dodgeball, wiffleball, kickball, capture the flag, and ultimate Frisbee. These games teach children sport-specific skills while learning the importance of teamwork, losing and winning with dignity, and communication with friends and peers. Kids will PLAY HARD and HAVE FUN!

NAASC01	M-F	6/10 - 6/14	9:00am - 12:00pm	\$192 Res/\$202 NonRes	Rec Center Field
NAASC02	M-F	7/08 - 7/12	9:00am - 12:00pm	\$192 Res/\$202 NonRes	Rec Center Field





## Max Academy of Martial Arts - Pandas & Juniors

**Instructor: Max Academy of Martial Arts**

**Ages 4-12 Years old**

You've got big dreams for your kiddo: to watch them grow into unstoppable forces capable of facing anything life brings! Focused, self-disciplined, strong children grow to become adults who live their most fulfilled lives. Enter the Max Academy — a place where martial arts, fitness and character training team up to help your little ones become the ultimate versions of themselves!



**Pandas Ages 4-6 years old**

PMA028	Tue	5/07 - 6/25	4:00pm - 4:30pm	\$160 Res/\$170 NonRes	Rec Center Side B
PMA029	Tue	7/09 - 8/27	4:00pm - 4:30pm	\$160 Res/\$170 NonRes	Rec Center Studio

**Juniors Ages 7-12 years old**

JMA028	Tue	5/07 - 6/25	4:30pm - 5:15pm	\$160 Res/\$170 NonRes	Rec Center Side B
JMA029	Tue	7/09 - 8/27	4:30pm - 5:15pm	\$160 Res/\$170 NonRes	Rec Center Studio

## National Academy of Athletics - Jr Academy Tee Ball Camp

**Instructor: National Academy of Athletics**

**Ages 4-6 years old**

This camp gives young children a fun, active, and educational experience tailored to the abilities of their age group. Coaches will focus on the components of throwing, fielding, catching, base running, and hitting on the tee and live pitching using our Flex Hit Bat. Your future tee ball star will interact with others while developing hand eye coordination, balance, and will build confidence and make learning the game of baseball fun for young athletes. Participants should bring their own glove.

NATBC01	M-F	6/17 - 6/21	9:00am - 12:00pm	\$192 Res/\$202 NonRes	Rec Center Field
NATBC02	M-F	7/22 - 7/26	9:00am - 12:00pm	\$192 Res/\$202 NonRes	Rec Center Field



## Creative Movement

**Instructor: Jabris Rucker**

**Ages 5-7 years old**

Creative Movement is a fun class for students (co-ed) that encourages students to use their imaginations, express individuality through improvisation, improve motor skills, and build self-esteem as they learn the basics of dance. Each class session will be structured into 3 parts: Warm-Up, Dance Games and Choreography. Please wear comfortable exercise or dance clothing, bare feet, tennis or dance shoes.

No class 5/30 or 9/05.

CM047	Thu	5/09 - 6/13	4:30pm - 5:15pm	\$55 Res/\$65 NonRes	Rec Center Studio
CM048	Thu	8/22 - 10/03	4:30pm - 5:15pm	\$55 Res/\$65 NonRes	Rec Center Studio



# Summer 2024 Youth Classes

## Twirling Tutus

**Instructor: Jabris Rucker**

**Ages 6-9 years old**

This is an introductory class to the technique of ballet. Students will learn ballet basics while exploring the fantasy world of fairies and princesses. Each class will be structured into five parts: Warm-up and Stretching, Intro-Ballet Barre, Technique, Dance Games, and Choreography. Please wear leotard, tights, and ballet shoes with hair up and away from face. No class on 5/28, 7/11 or 9/03.

TTPB045	Tue	5/07 - 6/11	4:45pm - 5:15pm	\$55 Res/\$65 NonRes	Rec Center Studio
TTPB046	Thu	6/20 - 7/11	4:45pm - 5:15pm	\$45 Res/\$55 NonRes	Rec Center Studio
TTPB047	Tue	8/20 - 10/01	4:45pm - 5:15pm	\$55 Res/\$65 NonRes	Rec Center Studio

## Creative Kids Camp

**Instructor: Mia Avila**

**Ages 6-12 years old**

This class will offer your child the creativity boost they need to fuel their minds towards learning goals. We will cover a variety of lesson plans that include painting, drawing, and critical skill building. This class encourages the students to use their imagination and express their individuality through collaborative assignments where students explore new ideas. Each day will be a new creative journey with fun challenges and imagination building! This program requires a \$10 materials fee for each participant. This fee is separate from the listed cost of the program, and is to be paid to the instructor on the first day of class.

CKIDS05	W, TH, F	5/01 - 5/03	3:30pm - 5:00pm	\$225 Res/\$235 NonRes	Oakley Elementary MPR
CKIDS06	M, W, F	5/06 - 5/10	3:30pm - 5:00pm	\$225 Res/\$235 NonRes	Oakley Elementary MPR
CKIDS07	M, W, F	5/13 - 5/17	3:30pm - 5:00pm	\$225 Res/\$235 NonRes	Oakley Elementary MPR
CKIDS08	M, W, F	5/20 - 5/24	3:30pm - 5:00pm	\$225 Res/\$235 NonRes	Oakley Elementary MPR
CKIDS09	W, TH, F	5/29 - 5/31	3:30pm - 5:00pm	\$225 Res/\$235 NonRes	Oakley Elementary MPR

## Art 4 Your Heart

**Instructor: H-Art Therapy**

**Ages 6-12 years old**

Does your child need some assistance managing their emotions? Are you looking for ways to help boost their self-esteem? We have designed a new program to assist your child in managing their emotions using art. Experience the natural healing powers of art and help your child get a fresh start. We create a fun zone where we will work with arts, crafts, and games to grow together. Each week we will be on a new creative journey together. This program requires a \$10 materials fee for each participant to the instructor on the first day of class.

A4YH04	Tue	4/30 - 5/21	3:45pm - 5:15pm	\$100 Res/\$110 NonRes	Rec Center Side A
A4YH05	M-TH	6/10 - 6/14	1:00pm - 2:30pm	\$100 Res/\$110 NonRes	Rec Center Studio
A4YH06	M-TH	6/24 - 6/28	1:00pm - 2:30pm	\$100 Res/\$110 NonRes	Rec Center Studio
A4YH07	M-TH	7/08 - 7/11	1:00pm - 2:30pm	\$100 Res/\$110 NonRes	Rec Center Studio
A4YH08	M-TH	7/22 - 7/25	1:00pm - 2:30pm	\$100 Res/\$110 NonRes	Rec Center Studio



## Introduction to Painting Workshop

Instructor: H-Art Therapy

Ages 6-13 years old

The perfect balance between guided assistance and creative freedom to make your own still life, landscape, and portrait paintings. With step-by-step methods, anyone can create a masterpiece. Create in a judgment free atmosphere with experienced Art Coaches. No prior experience is required. This program requires a \$10 materials fee for each participant to be paid to the instructor on the first day of class.

HARTT14	M-F	6/10 - 6/13	10:00am - 11:30am	\$100 Res/\$110 NonRes	Rec Center Studio
HARTT15	M-F	6/24 - 6/27	10:00am - 11:30am	\$100 Res/\$110 NonRes	Rec Center Studio
HARTT16	M-F	7/08 - 7/12	10:00am - 11:30am	\$100 Res/\$110 NonRes	Rec Center Studio
HARTT17	M-F	7/22 - 7/25	10:00am - 11:30am	\$100 Res/\$110 NonRes	Rec Center Studio

## National Academy of Athletics - Cheer and Dance Camp

Instructor: National Academy of Athletics

Ages 7-12 years old

This cheer and dance camp packs a ton of cheer fundamentals, as well as simple fun routines and performance skills! Kids will learn stretching techniques for flexibility, balance, rhythm, and coordination. Cheer and dance teaches kids about teamwork, trust, and the importance of practice and dedication. The staff guides campers through the process of improving their individual skills, understanding of basic cheer concepts, building confidence while having tons of fun.

NACDC01	M-W	7/01 - 7/03	9:00am - 12:00pm	\$118 Res/\$128 NonRes	Rec Center Studio
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### Oakley Landmark Scavenger Hunt

June and July

Celebrate the City of Oakley's 25th anniversary with us by visiting a few of our popular parks and spaces. The locations will have frames painted by local organizations and artists for you and your family to take photos with.

Download and print a worksheet telling you where to find frames, each with a secret keyword to write down.

Turn in your completed worksheet to enter a special raffle!

Go to [www.ci.oakley.ca.us/25th-anniversary](http://www.ci.oakley.ca.us/25th-anniversary) to download your worksheet!



## Max Academy of Marital Arts - Juniors Intermediate

**Instructor:** Max Academy of Martial Arts

**Ages 7-12 years old**

The journey to grow into the best version of ourselves continues in the Max Academy's Intermediate course. Dig deeper into the martial arts, fitness, and character skills that will set your child up for a maximized and fulfilled life. You must first attend the Beginner course and be promoted to join the Intermediate course.

JMA030	Tue	7/09 - 8/27	5:15pm - 6:00pm	\$160 Res/\$170 NonRes	Rec Center Studio
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## National Academy of Athletics - Jr Academy Soccer Camp

**Instructor:** National Academy of Athletics

**Ages 7-12 years old**

Our Jr. Academy Soccer camp will introduce young children to the fundamentals of soccer. They will learn to kick the ball, stop the ball with their foot, and not use their hands. NAofA coaches will use positive reinforcement as they dribble, pass and shoot, play games, and have fun!

NASC01	M-W	6/24 - 6/26	9:00am - 12:00pm	\$164 Res/\$174 NonRes	Rec Center Field
NASC02	M-W	7/15 - 7/17	9:00am - 12:00pm	\$164 Res/\$174 NonRes	Rec Center Field

## Official Youth NFL Flag Football

**Instructor:** Brian Jackson

**Ages 7-13 years old**

This course is designed to focus the fundamentals of the sport of football with an emphasis on player development. Please wear cleats/athletic shoes and shorts/athletic pants.

This program requires a \$50 materials fee for each participant. This fee is separate from the listed cost of the program, and is to be paid to the instructor on the first day of class and goes toward providing a jersey and football to each student.

ECCFF04	Sat	6/15 - 8/03	9:00am - 12:00pm	\$100 Res/\$110 NonRes	Creekside Park
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## Healthy Kids, Happy Plates

**Instructor:** Christina Keas

**Ages 8-11 years old**

A series of workshops where kids learn all about healthy eating. They'll have fun doing activities that show them how awesome it is to eat colorful fruits, veggies, and whole grains. Led by a nutritionist, they'll try out cool recipes like smoothie bowls, veggie wraps and energy bites. This workshop is designed to help kids develop healthy eating habits they can use forever.

HKHP01	Thu	6/20	11:00am - 12:00pm	\$25 Res/\$35 NonRes	Rec Center Kitchen
HKHP02	Tue	6/25	4:00pm - 5:00pm	\$25 Res/\$35 NonRes	Rec Center Kitchen

## Skateboard Lessons

**Instructor:** Be Exceptional

**Ages 8 and up**

Inclusive skateboarding lessons for all abilities. Beginners to experts can build upon their skateboarding skills. Please bring a helmet and pads. A skateboard can be provided for use during the lesson if needed. No class 7/02.

BESK10	Tue	6/04 - 7/16	4:30pm - 5:30pm	\$100 Res/\$110 NonRes	Creekside Park
BESK11	Tue	7/23 - 8/27	4:30pm - 5:30pm	\$100 Res/\$110 NonRes	Creekside Park



## Boxing

**Instructor: Brian Jackson**

**Ages 7-14 years old**

This class is designed to promote physical fitness in youth through the fundamentals of the sport of boxing. This program requires a \$60 materials fee for each participant. This fee is separate from the listed cost of the program, and is to be paid to the instructor on the first day of class and goes toward providing a mouth guard, boxing gloves, and headwraps to each student.

BOX03	M, TU	5/13 - 6/03	6:00pm - 7:00pm	\$100 Res/\$110 NonRes	Rec Center Studio
BOX04	M, TU	6/10 - 7/08	6:00pm - 7:00pm	\$100 Res/\$110 NonRes	Rec Center Studio

## Contemporary Dance

**Instructor: Jabris Rucker**

**Ages 8-13 years old**

Contemporary Dance is a form of movement that incorporates, but is not limited to, ballet, modern, jazz, and lyrical dance. In this class we will learn foundational technique while exploring our emotions and feelings through dance. This class will consist of 3 parts Warm-Up, Technique and Choreography. Attire: Dance or Exercise Clothing, Dance Shoes (Ballet/Jazz Shoes: Easier for Turns & Slides) or Barefoot. No class 5/27 or 9/02.

CONT09	Mon	5/06 - 6/10	4:00pm - 4:45pm	\$55 Res/\$65 NonRes	Rec Center Studio
CONT10	Mon	6/24 - 7/08	4:00pm - 4:45pm	\$45 Res/\$55 NonRes	Rec Center Studio
CONT11	Mon	8/19 - 9/30	4:00pm - 4:45pm	\$55 Res/\$65 NonRes	Rec Center Studio





## Contemporary Dance (Teen and Adult)

**Instructor:** Jabris Rucker

**Ages 13 and up years old**

Designed for adults and teens, Contemporary Dance is a form of movement that incorporates, but is not limited to, ballet, modern, jazz, and lyrical dance. In this class we will learn foundational technique while exploring our emotions and feelings through dance. This class will consist of 3 parts Warm-Up, Technique and Choreography. Attire: Dance or Exercise Clothing, Dance Shoes (Ballet/Jazz Shoes: Easier for Turns & Slides) or Barefoot.

CONT12	Fri	5/03 - 5/31	6:00pm - 7:00pm	\$65 Res/\$75 NonRes	Rec Center Studio
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## Virtual Driver's Education

**Instructor:** Bay Area Driving School

**Ages 15 and up**

This is a virtual Driver's Education with a live instructor. Students will enjoy a series of Driver's Education lectures including understanding the responsibilities of having a driver's license, learning the rules of the road and accident avoidance procedures. Independent assignments will also be completed during the week. Course also includes practice questions, defensive driving movies and written test prep for their certificate of completion.

DRIV071	Sat	5/04 - 5/25	9:00am - 12:00pm	\$205 Res/\$215 NonRes	Online
DRIV072	M-F	6/03 - 6/07	9:00am - 12:00pm	\$205 Res/\$215 NonRes	Online
DRIV073	M-F	6/17 - 6/21	9:00am - 12:00pm	\$205 Res/\$215 NonRes	Online
DRIV074	M-F	7/08 - 7/12	9:00am - 12:00pm	\$205 Res/\$215 NonRes	Online
DRIV075	M-F	7/29 - 8/02	9:00am - 12:00pm	\$205 Res/\$215 NonRes	Online

## Online Driver's Education (self-paced)

**Instructor:** Bay Area Driving School

**Ages 15 and up**

The DMV allows teens to receive their Learner's Permit at age 15 1/2, and a license at age 16. This class is the FIRST, required step that must be completed. This is an online course with videos, animated driving scenarios, and sample test questions. Learn the rules of the road, major causes of traffic collisions, DMV procedures and much more. A licensed instructor is available to answer any questions. Receive DMV-approved Certificate of Completion. Sign up any time. Once students are registered, they will be contacted by the instructor.

**Teens Ages 15 and up**

DRIV076	Anytime	\$49.99 Res/\$59.99 NonRes	Online
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**Adult Ages 18 and up**

DRIV077	Anytime	\$45.99 Res/\$45.99 NonRes	Online
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The Oakley e-News is a weekly email with upcoming events, programs, job opportunities, classes, City Council meeting recaps and more.



You can sign up to receive the e-News by texting OAKLEY to 42828 or by visiting [www.ci.oakley.ca.us/public-information/](http://www.ci.oakley.ca.us/public-information/)



## Bodyweight Bootcamp

**Instructor: Gina Bravo**

**Ages 16 and up**

Join us for an hour incorporating cardio, strength training and conditioning through a high intensity program. We will learn body weight exercises in a circuit format that you can do anywhere with no equipment needed. Get a total-body workout that include the benefits of aerobic conditioning, increased strength and confidence. Workout in a supportive group setting. Don't forget to bring a yoga mat!

BWBC05	Sat	6/01 - 6/15	8:00am - 9:00am	\$45 Res/\$55 NonRes	Rec Center Studio
BWBC06	Sat	7/13 - 8/03	8:00am - 9:00am	\$60 Res/\$70 NonRes	Rec Center Studio
BWBC07	Sat	8/10 - 8/31	8:00am - 9:00am	\$60 Res/\$70 NonRes	Rec Center Studio

## Home Cooking for Lifelong Wellness

**Instructor: Christina Keas**

**Ages 18 and up**

In this class you will learn how to simplify home cooking for better health. Enhance your well-being with more energy, emotional stability, weight loss, improved sleep, and stress resilience. Enroll now for vital nutrition insights and valuable skills for a healthier, longer life for you and your family.

HCLW04	Thu	4/18	6:00pm - 7:00pm	\$25 Res/\$35 NonRes	Rec Center Side B
HCLW05	Tue	4/30	6:00pm - 7:00pm	\$25 Res/\$35 NonRes	Rec Center Side B
HCLW06	Wed	5/15	6:00pm - 7:00pm	\$25 Res/\$35 NonRes	Rec Center Side B
HCLW07	Thu	5/30	6:00pm - 7:00pm	\$25 Res/\$35 NonRes	Rec Center Side B
HCLW08	Mon	6/10	6:00pm - 7:00pm	\$25 Res/\$35 NonRes	Rec Center Side B
HCLW09	Wed	6/26	6:00pm - 7:00pm	\$25 Res/\$35 NonRes	Rec Center Side B
HCLW10	Tue	7/02	6:00pm - 7:00pm	\$25 Res/\$35 NonRes	Rec Center Side B
HCLW11	Thu	7/25	6:00pm - 7:00pm	\$25 Res/\$35 NonRes	Rec Center Side B

## Gentle Yoga

**Instructor: Gina Bravo**

**Ages 18 and up**

In this Gentle Yoga class, we will explore restorative poses to calm and soothe the body. Through breath and the postures, practitioners will stretch the body and relax the mind. This is a class for all levels and all bodies. Yoga and mindfulness are known to alleviate stress, strengthen the body, improve flexibility and contribute to well-being. Don't forget to bring your yoga mat!



GYOGA40	Wed	5/01 - 5/22	6:00pm - 7:00pm	\$60 Res/\$70 NonRes	Rec Center Studio
GYOGA41	Wed	6/05 - 6/26	6:00pm - 7:00pm	\$60 Res/\$70 NonRes	Rec Center Studio
GYOGA42	Wed	7/10 - 7/31	6:00pm - 7:00pm	\$60 Res/\$70 NonRes	Rec Center Studio
GYOGA43	Wed	8/07 - 8/28	6:00pm - 7:00pm	\$60 Res/\$70 NonRes	Rec Center Studio

5PM TO 9PM  OAKLEY 3231 MAIN STREET  
**CONCERTS IN THE PARK**

JUNE 7TH  
**MAYA BAND**

AUGUST 2ND  
**PROJECT 4 BAND**

SEPTEMBER 6TH  
**MERCY & THE HEARTBEATS**

OCTOBER 4TH  
**CROSSMAN CONNECTION**

 OAKLEY

# MOVIES IN THE PLAZA

• 3231 MAIN STREET • MOVIES BEGIN AT SUNDOWN •  
POPCORN & CANDY FOR PURCHASE

1999  
**TARZAN**  
JUNE 8TH

2004  
**THE INCREDIBLES**  
JULY 27TH

2009  
**DISNEY'S UP**  
AUGUST 17TH

2014  
**THE LEGO MOVIE**  
SEPT. 7TH

2019  
**TOY STORY 4**  
OCT. 12TH